



THE PARISHES OF ST ANNE'S EAST WITTERING AND EARNLEY



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CHURCH SERVICES

St. Anne's East Wittering

Sundays:	8:00am	Said Eucharist (Last Sunday of the month BCP)
	10:00am	PARISH EUCHARIST and Sunday School
Tuesdays	7:00pm	Said Eucharist
Wednesdays & Thursdays	10:00am	Said Eucharist
Fridays	7:00pm	Said Eucharist (1st Friday Compline and Benediction)
Saturdays	9:30am	Said Eucharist
		Morning and Evening prayer is said Tuesday to Friday At 9:00am and 5:30pm and Saturday at 9:00am

Earnley

Sundays:	9:00am	Sung Eucharist
	6:00pm	Evensong as announced

Weddings, Holy Baptisms and Confessions on request to the Rectory
See also St Anne's Website: www.stanneschurcheastwittering.btck.co.uk
<http://facebook.com/stanneschurcheastwittering>

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RECTOR'S LETTER

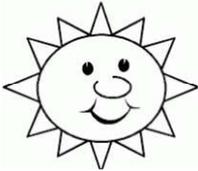


Summer is here at last, when we can all begin to take our well-earned summer break, enjoying the season of fun and fellowship and, hopefully in the sun shine, making the most of our weather and the beautiful surroundings of our area.



Summertime is noted as being the 'silly season', when people get up to all sorts of daft things. Some people are already in holiday mode. As I write this we are hoping for good weather when we go to Walsingham in late June for our annual pilgrimage, so that we may have fun and an uplifting of our spirits. The weather can be very variable on the Norfolk coast and can very quickly go from glorious sunshine to heavy rain. I found this out at my cost when I got a bit silly trying to put on a plastic poncho to keep the rain off. After many attempts to put it on the right way I nearly gave up in frustration, which all present thought was highly amusing and captured on video, which I am often reminded about.

Some of you may remember Ken Dodd who was very comical in acting silly. One of the jokes he often told was, "Isn't it a lovely day, for taking all your clothes off and knocking on your neighbour's door and saying, "Come on round I've got nothing on." Even nuns in Walsingham can be seen having fun during the 'silly season'.



We also intend to have great fun and are praying for good weather as we celebrate our Annual Summer Fair, which will take place this year on Saturday 20th July. However, it cannot be a great success without all the church family working together, with everyone having an input and volunteering – something that is always greatly needed.

As we look forward to the future there has never been a more urgent time for the community to work together, particularly in these uncertain times with our politicians unable to come to one mind for the good of the country. The community needs to set an example by helping to keep crime off our streets, by making every individual valued and respected, and by making sure it is not an 'us and them' society. We must show that we care for each other and we can have fun in the process. We need to ensure that our children and young adults find valuable recreation to channel their energy. This is our great opportunity for everyone to pull together to see God's Kingdom flourish in this place and so uplift the wellbeing of all, so that the next generation will have a lasting legacy that we can all be proud of. So come on let's all do our part to make this happen and at the same time have fun in achieving this, not just in the 'silly season' but all year round.

**With love and prayers,
Fr Steve**

I'm sure many of our readers have been watching Brian Cox's series on the planets, so when Fr. John preached on Trinity Sunday I asked him if he could write the following down for me to include in Parish Life. Ed.



I've been enthralled to watch some of Professor Brian Cox's programmes on the solar system and its planets: how each of them was formed; how each of them is at a different stage of its development; how some of them are dead lumps of rock; and how only one of them, our earth, is at a stage when it can support life. Of course, there is no mention of God: Professor Cox speaks from a purely secular point of view.

Today's first reading (Proverbs 8. 1-4, 22-31) projects a rather different point of view. Naturally, it shows all the limitations of people's knowledge of the universe in a pre-scientific age: but the truth that it tries to convey is the wisdom of God in the nature of the world and the people who live in it. That eventually led to the Jewish people beginning to think of God as a loving Father, rather than an all-powerful despot.

Then along came Jesus. People who met him and heard him speak were mystified by him. He seemed to have a rather relaxed view of Jewish Law: and he insisted on continually referring to God as 'my Father and your Father'. Today's second reading (Romans 5:1-5) shows where that led. St. Paul's Letter to the Romans was probably written to a congregation of Jewish people who lived in Rome, and who had become Christians after hearing Paul speaking about him. According to Paul, Jesus is God visible on earth: he is 'the Son of God'.

In today's Gospel (John 16.12-15) Jesus says: "When the Spirit of truth comes, he will guide you into all the truth." In other words, he will give you strengths you never knew you had, both to overcome troubles and to share his love with the world.

It took the young Christian Church years to take all this on board in fact, the task was not completed before the Bible took its final form, but in the centuries that followed, Christians gradually came to realise that God is too great to be defined in human language.

The closest we can get is that God is one, and God is three; Father, Son and Holy Spirit.

*It is wonderful to know, Lord, that You not only surround me
But that You live in me by Your Spirit.
I open myself to the work of Your Spirit,
Allowing You to make everything new, making me ready
For the life with You which You have promised.
In spite of times of failure, let me never
Doubt progress as You work in me.
May Your presence in me show up
All that needs to be driven from my life;
Let me grieve over such things and form
A strong resolve that they must go.
Lord, let Your presence and my willingness,
Ensure that all impediments to
A closer walk with You are removed.*

Words of Power, by John Woolley





Clapped out or shabby chic? Well, yes, Shabby Chic does sound better than slapped out, and it does fit in rather neatly with our present emphasis on the need to recycle as much as we can, rather than joining the modern throw-away society – we're

getting a new one because it doesn't match the new suite or it's no longer regarded as fashionable or it could do with a clean or it's a bit worn on the arms or I'm tired of it and want something new or the cat doesn't like it anymore.....we could go on forever making excuses for getting rid of something that still serves its purpose. Perhaps the 'shabby chic' in-vogue at present could be serving its purpose after all and making people think twice about getting rid of things that still have their uses, and it is making opportunists a lot of money when you see the price labels (am I being cynical!).

I first became aware of the new trend and its name on Bargain Hunt, which, some of you will know, David and I watch, when we can, whilst we're having our lunch. And then there's that woman, whose name escapes me, who goes to the 'dump', and gets some unsuspecting householder to hand over to her what he's come to dispose of rather than chuck it in the skip. If it's furniture, that often ends up as a Shabby Chic piece, which is usually sold at an unexpectedly high price – and so it should be, the amount of work that has gone into its transformation at the hands of a skilled craftsman or woman.



David has this stomach obsession that if we're in Chichester in the morning we must go somewhere for coffee – and, of course, a piece of cake. He likes to sample different places, so about a month ago we went to Bill's, which is located up North Street in what, I believe, used to be the Butter Market. When I first became acquainted with Chichester, the building housed an O'Hagan's sausage stall and upstairs a lovely Jumble Sale type area. In recent years it has been 'pushed up' and it accommodates Bill's. As we'd never been there before, this was David's choice for this particular morning's coffee. You reach it either by stairs or in a lift cased in glass, beautifully painted with designs from the



natural world. Being Saturday it was quite full and we had a job finding a spare table. Finally seated we had a chance to take in our surroundings. The ceiling was covered in galvanized steel electric cable-carrying trays, ventilation trunking and industrial lighting; we were sitting at a squared pine table, somewhat worn, with grey painted legs in a similar condition; the floor was bare wood with vestiges of paint and/or staining still clinging to it and evidence that it had been there a long time; the toilets were decorated with old tiles the

odd chip here and there and, of course, water closets with a top cistern. Shabby Chic, if ever I saw it! As far as the human element was concerned the staff were lovely and the coffee, which was our main reason for going there, was good too.

So, re-using, not wasting, making best use of our resources, not frittering them away, not always demanding more, being thankful if we have a roof over our heads, food in our stomachs and enough to pay the bills....what do we make of all this? Make of it what you will!

And now for something entirely different! Drew Allardice's column in the most recent issue of Local Life has revealed something that should concern us all on a number of counts. Drew has been told that it has been discovered, after a pay review, that he, and a number of others who do a similar job, has been overpaid and therefore his pay is being cut by 20%. As a result he is going to have to find another job to make ends meet. This is shameful, especially when we consider the work he is often called to do is well above and beyond the call of duty in the field of time and danger. A petition has been launched protesting against the possible loss of such a valuable officer in our community. I have no hesitation in urging everyone to sign it. If you're not on-line then write a letter to Chichester District Council and make your feelings felt.



And finally! I did invite our readers to write in to me if they had any comments about the new appointment system at the Medical Centre. What a surprise! I haven't received even one!! So I'm making a comment myself. My visits to the doctor are few and far between. In fact, I would have to go back a long way to discover when I last went. As it happens I found a need to go about a week ago. Having received instructions from the receptionist to ring between 8.30 and 9.30, I rang 1 minute after 8.30 and was put in a queue of eight. When it was my turn – about 10 or so minutes later I explained why I wanted an appointment and was given one for that afternoon. Brilliant! It seems to be working well – I can thoroughly recommend it.

ST ANNE'S FELLOWSHIP CIRCLE

The May meeting began with Sue presenting the Accounts for last year as promised at the previous meeting. They are yet to be audited, but, although they have not yet been signed off, the auditor has looked at them and seems to be satisfied with their content. Matters with the bank over signatories are well on the way to completion, so all of that seems to be on an even keel again.



Marcia's offer to provide entertainment on occasions was taken up for this first meeting of the 'new year' and provided members with Ding Bat conundrums and a quiz, 'to stir up the old grey matter', as Marcia called it – relished by some, but regarded as torture by others who considered themselves 'duffers' at such puzzles.

The next meeting will be on July 24th and will be in Sue's garden, with the added bonus of croquet as last year, though details are yet to be finalised.

The next Sunday Tea is on 7th July, as usual in the Village Hall. There are no meetings or Sunday Teas in August.

CAROLE COLMAN



St. Anne's Church

Blues in the Rectory Garden

*3rd August, 2019
2-00pm to 4.00pm
(Gates open 12.30)*



*With
"Milk and One Sugar"*

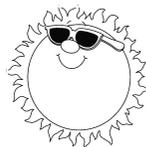
*Tickets £10 Children £2
From the Rectory
672260*

*Or Sue Wiltshire 671056
Or at the entrance*

*Please bring your own blanket
or garden chair*

*BBQ and Beer Tent
Other refreshments available*

*Come and boogie the afternoon away in
the Rectory garden.*



DID YOU KNOW.....?



- *50% of all the world's fish species live in rivers and hundreds of millions of people depend on their flow for their food.
- *25% of all fish in the sea make their homes in coral reefs, which cover only around a tenth of 1% of the ocean floor.
- *2.5m is how much the depth of Arctic sea ice decreased between 1975 and 2012, taking it to an average of just 1.2m deep.



**FAMILY ACTIVITIES
A FUN FILLED DAY AT
CHICHESTER CATHEDRAL**



UP, UP AND AWAY

**FAMILY ACTIVITIES AT CHICHESTER CATHEDRAL, PO19 1PX
FRIDAY 26 JULY 2019**

10am – 3pm (last entry 2.30pm)

Follow our themed Cathedral trail and collect your prize when you finish!

Design and Make Creative Crafts

No need to book just drop in - £2.50 per child.

Suitable for children aged 3 – 11 years, accompanied by an adult.

For younger siblings under 3 years there is a carpeted area with toys.

Lunch offer: one child's meal for £1.50 when an adult spends a minimum of £5.50 in the Cloisters Café between 11.45am and 2.30pm, collect your voucher when you arrive.

Join us at the Cathedral for a fun packed family day.

Our Family Activity days are popular with parents, grandparents and carers looking for a place where everyone can come together and be creative.

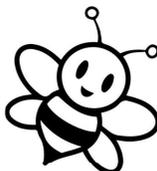
CATHEDRAL TRAIL The trail around the Cathedral is themed to each activity day, making it different each time. Children choose the trail that fits their age and ability to find different places and objects within the Cathedral before collecting a prize at the end.

CRAFT ACTIVITIES The craft element of the day gives everyone the opportunity to get creative and use our resources to make something special to take home. If you're not a crafty adult don't worry, there are lots of helpers on hand to get you started and offer support during your visit.

We look forward to welcoming you at one of our Family Activity days soon.



*David,
there's a
Mrs Goliath
here to see
you.*



**BEWARE OF PREDICTING
THE FUTURE**

Human beings in the future will become one-toed. The small toes are being used less and less as time goes on while the great toe is developing in an astonishing manner.

*Richard Lucas, Royal College
of Surgeons, 1911*

DIARY DATES

- Tuesdays** **2nd Tuesday - Garden & Wine Club** - E. Wittering VH 7.30pm
1st & 3rd Tues (Sept-May) - Wittering Camera Club - Sports Pavilion,
 Rookwood Road, W. Wittering, 7.30pm
- Wednesdays** **Youth Drop In Centre**, - W. Wittering Pavilion, 7.00 - 9.00pm
4th Wednesday - St. Anne's Fellowship Circle - E.Wittering VH 2.30pm
- Thursdays** **1st Thursday-The Thursday Group** - Bracklesham Barn 2.00-4.00pm
1st Thurs **Citizens' Advice Bureau** back of Health Centre 9.30-11.30am
Last Thursday - VIP (Visually Impaired) Club - Medical Centre 2.30pm
 For more information or a lift please contact Jean Church on 670799.
- Fridays** **'Tea & Chat'** at the URC Church , Oakfield Avenue. 1.30 pm onward

JULY:

- | | |
|----------------------|------------------------|
| Sunday 7th | Trinity 3 |
| Sunday 14th | Trinity 4 |
| Saturday 20th | St. Anne's Summer Fair |
| Sunday 21st | Trinity 5 |
| Monday 22 | Mary Magdalene |
| Thursday 25th | James the Apostle |
| Sunday 28th | St Anne's Patronal Day |
| | Trinity 6 |



AUGUST:

- | | |
|--------------------|---|
| Sunday 4th | Trinity 7 |
| Sunday 11th | Trinity 8 |
| Thursday 15th | The Assumption of the Blessed Virgin Mary |
| Sunday 18th | Trinity 9 |
| Saturday 24th | Bartholomew the Apostle |
| Sunday 25th | Trinity 10 |



FROM THE REGISTERS

The Recently Departed:

Victor Gray

Daniel Pett

Eileen Boulden



"In my Father's house there are many rooms....." John 14 v.2

BLESSED KATERI TEKAKWITHA - American Indians

I would hazard a guess that not one of our readers has ever heard of this 'saint'. If you have, I would be delighted to hear from you. Kateri's mother was an Algonquin Christian. She had been captured when the settlement had been raided by the Mohawks. One of the Mohawk men took her as his squaw and Kateri was born in 1656. He, of course, followed his tribe's traditional beliefs. Sadly, when Kateri was only four years old, both her parents and her baby brother died in a smallpox epidemic that hit the village, and an uncle and two aunts took on the responsibility for her upbringing. Smallpox epidemics continued to afflict the village and in the end the elders of the tribe decided to move everyone to a new site. The area they chose was called Caughnawaga, north of the Mohawk River, near what is called Fonda today, in New York State.



It wasn't long after this that a Jesuit missionary called Father Jacque de Lambertville came to the village. Missionary activity amongst the Hurons had proved very successful, but it was a different story with the Mohawks. Father Jacque, in fact, succeeded in converting only one soul and that was Kateri. She was baptised on Easter Day 1676. From that moment on her life became a misery. Her aunts took any opportunity that presented itself to beat her; if she stepped outside her lodge, children chased her and threw stones at her. She was harassed at every turn. In the end she took Father de Lambertville's advice and decided to move to the Algonquin Christian village at the St. Francis Xavier's mission across the St. Lawrence from Quebec. Setting out alone on foot on July 14th 1677 she began her 200 mile journey, arriving at the mission 3 months later. Not only was she safe now, but there she found someone who had known her mother – Anastasia Tegonhatsihonga, who invited Kateri to live with her. Now she could devote herself to practicing her new faith. Every morning she went to two Masses; in the evening she attended vespers. She made every effort to learn everything she could about Christianity and then taught her friends what she had learned from the Jesuit priests.

In 1680, just a few days before Easter, she became seriously ill. Those who were praying for her at her bedside reported that her body was transformed, her smallpox scars vanished, and "within a moment (her face became) so fair and beautiful that I cried out in surprise," Father Pierre Cholenec declared. Those who were there were convinced that they were in the presence of a saint. The Jesuits petitioned the Pope for her canonization. The accompanying documents can be seen in Rome, amongst them a decorated deer hide signed and marked with the names of those petitioning for Kateri to be made a saint. Her Feast Day is on July 14th.

ST BARTHOLOMEW – Butchers

We know very little about Bartholomew other than what we learn from the New Testament and the tradition about his martyrdom. The three Synoptic Gospels list him as one of the 12 apostles; in St. John's Gospel he is named as Nathanael, and is urged to go and see Jesus by his friend, Philip. After only a few words with Jesus, Nathanael declares, "Rabbi, you are the son of God! You are the King of Israel!" Butchers chose him as their patron saint because of the way he was martyred. Tradition has it that he was flayed alive. For this reason tanners and leather workers also venerate him. His Feast Day is on 24th August. **CRC**



THE SOUTHERN CATHEDRALS' FESTIVAL

CHICHESTER CATHEDRAL FRIENDS ARE PROUD TO BE THE SPONSORS OF THE SOUTHERN CATHEDRALS' FESTIVAL BEING HELD IN CHICHESTER FROM 18TH TO 20TH JULY 2019.



We are delighted to invite you to the Southern Cathedrals' Festival, and to an exciting programme of events, performances and services held in Chichester Cathedral and other iconic venues around the city centre. The Festival is a rich celebration of the friendship between the three Cathedrals of Chichester, Salisbury and Winchester.

The 400th anniversary of Heinrich Schutz's *Psalmen Davids* falls this year and pieces from this exquisite collection feature in two of the concerts. Three choral concerts take their place in the programme alongside four services (one recorded for broadcast by the BBC) and there is evening entertaining being staged in a marquee in the Deanery garden on the Friday and Saturday evenings.

The Festival culminates in a performance of one of the greatest achievements of Western music, JS Bach's *St. John Passion*, in which the three choirs are joined by an exciting line-up of soloists and the acclaimed period-instrument orchestra 'Florilegium'.

We look forward to seeing you there! Full details and tickets are available on Chichester Cathedral's website <https://www.chichestercathedral.org.uk/services-events/southern-cathedrals-festival-2019> or from the Cathedral shop in the Cloisters.

Howard Castle-Smith, Secretary Chichester Cathedral Friends

POLE TO POLE EXPEDITION BY GREENPEACE

Next year, for the first time in history, world leaders are coming together to finalise a Global Ocean Treaty. Together they will decide the future fate of our oceans. They have the power to create a network of ocean sanctuaries that will protect a third of our global oceans. We can't let them fail.

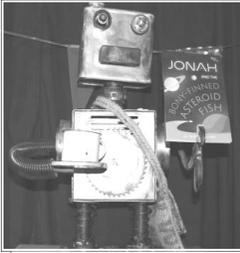
To seize this opportunity we're launching one of our biggest and most ambitious expeditions for over a decade to protect the world's oceans. Over the next year, we're sailing from the Arctic to the Antarctic, to draw the world's attention to the huge threats facing our oceans. We're taking scientists and experts to build an unprecedented bank of hard-hitting evidence. And we'll galvanise support from people all across the world, all of us demanding urgent action to protect our blue planet. If we don't, we could risk losing the diversity of life in our oceans forever. For too long extractive industries have operated under the illusion that our oceans were too vast to be polluted, too abundant to be depleted, too resilient to be destroyed. But the combined impact of all of these industries has placed our blue planet under a scale of threat like it has never experienced before.

A network of ocean sanctuaries will protect our oceans from the dangers of human exploitation, helping them to thrive and flourish, and making them and our planet more resilient to climate change.

Continued opposite



JONAH AND THE BONY-FINNED ASTEROID FISH



If you were asked to imagine a mix of *The Hitchhiker's Guide to the Galaxy*, the *Discworld Series* and the sci-fi film *The Fifth Element* – with perhaps a touch of *The Wizard of Oz* – which Bible character would immediately spring to mind?

Jonah and the Bony-Finned Asteroid Fish, by Jo Sheringham, is a humorous, futuristic retelling of the story of Jonah that takes it well beyond the realm of the children's Sunday School tale. In this version, God's call to Jonah arrives on the screen of a rusty metal message-bot, and Jonah responds by running away to the space-port of Joppa, Planetary Gateway to the Stars, where he boards a scruffy haulage cruiser called Sheol II, headed for the far-flung planet of Tarshish. It proves to be a bad move!

The Old Testament mentions Jonah in just one other place outside the book that bears his name. 2Kings 14.25 tells how Jonah, son of Ammittai, gave an important message from God to King Jeroboam II of Israel. So Jonah was once a prophet to royalty and Jo Sheringham uses this as an important bit of background to her book. In this story, his days of being involved in high-level politics are well behind him. He's 'semi-retired', and really can't be bothered to get involved in the messy, dangerous business of 'propheting' again. But God knows Jonah better than he knows himself. There's one more big adventure in store for him – one more chance to prophesy to royalty – only this time it's going to be the King of Nineveh, not the King of Israel.

The characters Jonah meets along the way (including the no-nonsense captain and crew of Sheol II, the King of Nineveh in his hermetically sealed chamber, the post-bot on the cold outskirts of the city) all teach him something important about the heart of God and the prophet's role.....

Jonah and the Bony-finned Asteroid Fish is available now from the Bible Society online shop for £5.99. Visit biblesociety.org.uk/shop to get your copy.

Taken from *Word in Action*, Bible Society's Summer 2019 Edition

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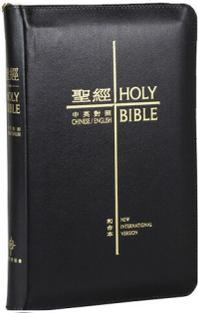
Our global oceans belong to us all and we have a shared responsibility to protect them. But today just 1% of these international waters are protected. That's why we need to push for strong action, for more ocean protection. And we need to start now.

These vast blue worlds are home to mysterious animals, that live hundreds of years, and ancient coral reefs. They are the highways for whales, turtles, tuna and more. They are a vital food source for billions of people, and critical to reducing climate change. **It's simple, healthy oceans are vital for a healthy planet. But they're under attack from all sides and cannot cope if we go on as we are.**

Taken from *Greenpeace's May publication*



A HEART FOR CHINA SINCE 1800



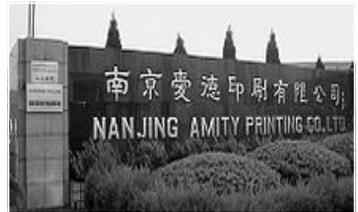
2019 marks the centenary of the Chinese Union Version (CUV) Bible, the main translation used by all Chinese-speaking Protestant Christians. The occasion is being celebrated with a number of events in Hong Kong and China, and a UK event at the British Library.

Back in 1799, a church minister called Revd. William Willis Moseley was in the British Library when he discovered a dusty Chinese manuscript. Curious, he showed it to a Chinese man in London. Moseley realised that it was part of the Bible.

It turned out the manuscript was a translation, from the Latin Vulgate, of a harmony of the four gospels and most of the new Testament. It had been collected by a member of the East India Company and eventually found its way to the British Library. Revd. Moseley understood the significance of this for a nation where the vast majority were not yet exposed to Christianity. He started campaigning for the formation of a society to publish the translation. If you know much about the Bible Society's history, you'll know that it wasn't until the following year, in 1800 that Mary Jones made her famous 26 mile walk across the Welsh countryside to buy a copy of the Bible. Her story is often told as the inspiration behind the founding of the British and Foreign Bible Society in 1804. But it was one man's passion for sharing God's word in China that was just as much a factor.

Revd. Moseley wrote to many distinguished people proposing the formation of a Bible Society. Crucially, he also showed the Chinese translation to a man called Robert Morrison. Morrison copied out the script and took it with him to China in 1807. He then learnt the language, completed and printed the New Testament in 1813, and the whole Bible in 1823. He went on to baptise a number of Chinese believers. From there, Christianity spread rapidly in China. In 1853, we ran our first 'one million Bibles for China' campaign. In 1890, we gathered a group of mission agencies and agreed to work together on the Chinese Union Version Bible. In 1919, the first CUV Bible was printed, popularising the Mandarin form of the language and becoming the main translation used by Chinese-speaking Protestants all over the world.

Today, we continue to be passionate about providing the Bible in China – and our ministry over decades has put us in a unique position. In 1987 we helped to establish the Amity Printing Company in Nanjing. Today, it is the world's biggest Bible printing factory. Our unparalleled access to the Chinese government means we've been printing millions of copies for the Chinese Church.



Now, we operate in China as the United Bible Societies China Partnership. With your support we translate and distribute Bibles, teach people to read using God's word and support the training of new pastors. We even advocate for the relevance of Scripture within public life among government officials, business leaders and academics. We have seen the Bible change the lives of many people, for good.

Continued opposite

FEATURES

JOHN AND JACK

Apologies to all John's fans and mine. John had a problem with his tummy recently and ended up in hospital. Being a dog I'm not sure how human bodies work, but I think he must have eaten too many of my biscuits or even, perhaps, found one of my bones that I buried for later. Anyway, he had to have some operations and is still out of action. Meanwhile my walks have been curtailed, as my mistress, Ros, can't walk as far as John and is useless at throwing a ball.



Seeing as I'm not getting so much exercise, I'm thinking that I might need to cut down on the number of biscuits I have, otherwise John will be telling me, when he's back home, that I've put on weight again, and you know what that will mean! It's a very hard decision to make and is still under review. The problem is that as soon as I start trying to solve this conundrum, I find it so tiring that I have to rest for a while.... and when I wake up, I still haven't found an answer. It's going to take a long time to come up with one.....

BEWARE OF PREDICTING THE FUTURE

Brain-work will cause her to become bald, while increasing masculinity and contempt for beauty will induce the growth of hair on her face. In the future, therefore, women will be bald and wear long moustaches and patriarchal beards.

Professor Hans Friedenthal of Berlin University on the evolution of women after Higher Education and voting rights, 1914

DID YOU KNOW?....

2019 will be a huge year for the Tibet movement as it marks 60 years since the Tibetan uprising of 1959. This event saw Tibetans protest in numbers for the first time against the Chinese occupation of their country, and eventually saw tens of thousands - including the Dalai Lama - flee into exile.

....Continued from opposite

DID YOU KNOW....?

- **1.4 billion** people live in China, almost 1/5 of the world's population.
- Around **70 million** adults are illiterate.
- An estimated **4 million** Chinese Bibles a year are printed for people in China – one Bible every second at our China factory.
- Chinese Bibles are distributed through a network of 80 distribution centres and a fleet of 48 vans, to more than **60,000 churches**.
- There are **722 million** smart-phone users in China.
- **There is one trained minister to every 6,700 Christians.**
- By 2020 it's predicted that, including the registered and unregistered churches, there will be well over **100 million Chinese Christians**.



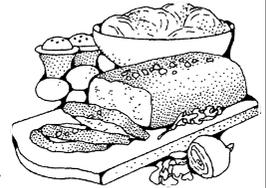
VIRTUAL CHEF TO END FOOD WASTE IN YOUR KITCHEN



A virtual chef, who tracks food supplies in fridges and cupboards with cameras and scales to suggest recipes, is being developed to stop food waste in the home!

The Lettuce Labs project hopes to prevent Londoners throwing out nearly 900,000 tonnes of food a year, and is among the creations of students at Imperial College's Dyson School of Design Engineering. The idea is based on a 'connected kitchen', where smart devices keep track of ingredients, their quantity and when they go out of date. It suggests what should be cooked and when to avoid waste. After learning household buying habits, the smart kitchen uses personal data to reorder supplies. Unavoidable waste is stored in a worktop 'caddy' that scans its chemical contents for matter that can be turned into fuel bricks for burning at a biogas renewable energy plant.

Lettuce Labs' co-founder, Joseph Shepherd said: "Our plan is to harness the power of data through internet-of-things devices to make it really easy for people to reduce food waste at home. The Connected Kitchen Kit entails smart cameras and scales that can be retrofitted into your cupboards and fridge. Cameras use computer vision to keep stock and recognise all food that goes into the cupboard, and then the scales measure how much is there. All this data is fed into our kitchen virtual voice assistant, called Chef, that lives in our hub device. He is then responsible for ordering food, creating meal plans for you and instructing you through the cooking process, taking all the boring parts out of food management and food waste."



The school of design engineering opened in South Kensington last year with £12 million funding from vacuum cleaner tycoon, James Dyson's, foundation. A ceremony yesterday celebrated the creations of its first graduates. Professor Peter Childs, the school's director said he hopes it will "become a manufacturing and design hub, producing gadgets, experiences and services that have the potential to transform our lives." Another team has invented Re:flex, a super-material made from plastic and elastomer that is designed to be tough and durable, but can be moulded into solid shapes using heat. It is translucent and has been crafted into a bicycle saddle and a plaster cast – but in mesh form so that the wearer can scratch an itch. The idea is that components of Re:flex can be separated and recycled after use.

Embla, another stand-out invention, is a smart office complete with a grass floor that 'reacts to physiological signals' by tracking workers' anxiety levels to help create 'soothing office environments', offering personalised heat, moisture and sound. A mock-up mini-office was built by the students, with devices monitoring skin, heart rate and blood pressure to pick up stress signs.

MARK BLUNDEN, Technology Correspondent,
writing on 14th May 2019 in the *Evening Standard*

WHAT DO WE DO ABOUT SOCIAL MEDIA?



With approximately 200 young people taking their lives every year, the role played by social media and the internet has dominated headlines.

Suicide, as we know, is complex and rarely caused by one factor. Similarly, research around the role played by the internet and social media is mixed, telling us there can be both positive and negative outcomes for young people.

Online content about self-harm and suicide is not hard to find, and a person's vulnerability and the reasons they're looking for content like this, will inform the impact it has on them. There's certainly evidence that suggests some imagery can glorify, sensationalise and normalise self-harm. But there's also evidence that people who share images or talk about self-harm on social media are doing so to communicate distress, share their journeys of recovery, and provide support and information.

We want harmful content to be harder to find, and supportive, helpful content to be better promoted. That's why, recently, we met key decision-makers and social media companies to influence the changes that need to take place. Samaritans was also the only voluntary sector organisation to attend a summit on the issue, with Secretary of State for Health and Social Care, Matt Hancock, Suicide Prevention Minister, Jackie Doyle-Price and the large online providers.



Many platforms, such as Instagram announced changes they'll make to restrict harmful content, but there's also a way to go. Samaritans will continue to advise social media platforms and government, and establish ways to formalise this support.

Taken from Samaritans Spring Newsletter, 2019

THOUGHTS ON THE BUS - WHEELCHAIR SPACE

Across the aisle on the other side my Angel knitting lady is not there. She's gone away to stay.

Now onto the bus, my mate knows the way. There is a picture of the care-place, like a hill brick portcullis castle, on the web.

The 09.32 will do. He waits on the way it's Friday our normal day bus out.

The 700 is so great, all along the coast. We change at Bognor. The ticker tape above our head tells us the wait for the Littlehampton 700. We arrive at 12.30.

We haven't eaten breakfast so go for frantic Portuguese style, such fun (and cheap). But they are on holiday so Wetherspoons will do instead.

We are one bus stop short of her new home so another bus hop needed. It's a lovely sunny day and a fine new building with servants at hand.

Everyone is happy and the sweets go down well. She will rest easy in the sun. Facilities are fine. **DB**



HAVE YOU EATEN GRANDMA? The use of commas



I once met a lovely man who told me, with pride and a happy smile on his face, that he had eaten his grandma...and his grandpa too. He belonged to the Gadaba people who live in the Indian states of Odisha and Andhra Pradesh. It is a Gadaba tradition, he explained, to absorb the best of your grandparents' generation by eating them as soon as you can after they have died. This isn't as grisly as it sounds. First you feed your dear departed to the fish in the local river and then you eat the fish.

In other cultures, the question, 'Have you eaten grandma?' should be addressed only to your grandmother and should always contain a comma: 'Have you eaten, Grandma?'

Here are some further examples highlighting the importance of a well-placed comma:

- On a magazine cover: Rachel finds inspiration in cooking her family and her dog (add the comma after 'cooking').
- At a bus station: Toilets only for disabled pregnant children (you should add the commas after 'disabled' and 'pregnant').
- On a school computer: We're going to learn to cut and paste kids! (Add the comma after 'paste').
- In a country park in New York State: Hunters please use caution when hunting pedestrians using walk trail (add the comma after 'hunting').

You remember the old riddle:

Q. What's the difference between a cat and a comma?

A. One has its claws at the end of its paws, and one is a pause at the end of a clause.

That tells you much that you need to know about the comma, but, maddeningly, not quite everything.

A comma marks a momentary pause between different parts of a sentence – like an almost unnoticeable intake of breath. Commas exist to make the meaning of sentences clear by grouping and separating words, phrases, and clauses.....

'Most of the time, travellers worry about their luggage' is both true and correctly punctuated. Lose that comma after the fourth word and suddenly we're in Doctor Who territory: 'Most of the time travellers worry about their luggage.'.....

If you are addressing someone by name, put a comma before the name to avoid confusions – such as, 'I fancy your sister, Basil.' Lose the comma and apparently you have the hots for an Italian nun: 'I fancy your Sister Basil.'

GYLES BRANDRETH writing in the *Daily Mail*

HANDY TIPS



Take your bananas apart when you get home from the shop. If you leave them connected at the stem, they ripen faster...



Place a rubber band around an open paint tin to wipe your brush on and keep paint off the rim of the can.

D DAY - TWO HOURS BEHIND A BREN GUN

D-DAY JUNE 6TH NORMANDY, FRANCE



BERNARD'S STORY

At 20 years old, former codebreaker, Bernard Morgan was the youngest RAF senior NCO to land on the beaches on D-Day. His was also the first RAF operational unit to disembark that day.

Bernard's vessel dropped anchor off the French coast at Gold Beach, Normandy, at 3am. For someone so young, it was a shock to be thrust right into the heart of a huge military operation. Nothing could have prepared him for what he'd see that day.

Recounting his first steps onto the beach, Bernard says, "The sound of gunfire was constant and the beach was littered with bodies. As a 20 year old airman seeing my first dead body, it was a sight I'll never forget." 24,970 British troops landed on Gold Beach on D-Day. 400 of them lost their lives.

"You hear a lot of people saying they weren't frightened, but I'll tell you the truth, I was very frightened, sitting behind a Bren gun for two hours." The Bren gun was the primary light machine gun used by the British Army in World War II. It was operated by a two-man crew – one man to fire the gun, another to load the magazines and swap out the barrels when they overheated.

Bernard went on to join the 83 Group Control Centre, a mobile signals unit attached to the 2nd Tactical Air Force which controlled air operations over North West Europe. It was not until VE Day, 8th May 1945, that he was able to return home.

94 year old Bernard, who only gave up cycling last year, gives talks to schools and cadet groups about his wartime experiences.

Taken from The Royal British Legion's Poppy Press



MORE THOUGHTS ON THE BUS - BRIGHTON

The Senior 09.32 upper bus from Wittering via Chichester, provides beautiful countryside views and residential tree-lined spring pleasure.

The 700 Coastliner links via Bognor High Street and a terminus change at Littlehampton high street. Then Worthing looks good.

We arrive at the Brighton Steine Square terminus, literally on the pier, it's 12.30. Relaxation, with a beer, is in the adjacent Royal Albion Hotel bar dining comfort. A graceful soft seat pier view. The pier is full of youthful action from candy floss to big wheel. But we stick walked it last time, so instead descended steps to the beach prom for two slow dozy ice creams.

The 3.30 return Stagecoach runs every 15mins, and we are home by 7.00 So, it gets you out of the carless house into wonderland, but you need the joyful happiness of people, music, harmony and life as well. Some of that is from the charming and friendly family bus people. **DB**

D-DAY MEMORIES

We were in the concrete reinforced garden dugout in 1940 watching the Battle of Britain spitfire dog fights. I was aged five living on the A2, Rochester Way, 15 miles out of London.

Then we saw the Doodle Bugs, their rocket noise stopped and they dropped on us in silence. We counted to the bang.

The V2 rockets were different, silently delivered, some blasting terraced houses on the other side of the park. To hide we slept with neighbours underground on hessian park bunks, like rats. An unexploded bomb was dug out of our front garden.

Army lorries, soldiers and tanks were everywhere in 1944. We went out after dark and climbed all over them.

My dad was only in the First World War so was useful, having a garage and crane to collect iron and steel to fight with. We hid underneath when a bombing plane came over.

Salisbury plain was covered, as far as you could see, in WD lorries, after the war. These vehicles were auctioned and we towed or drove what we could home. We owned an officer's camouflaged car, one of the first private vehicles on the road.

In the summer of 1945 the open air park swimming pool was queuing 6 deep out of the park gates. Only unheated 60 degrees F in the water, ridiculous, my friends fun diving everywhere. But there were hot paving stones to lie on in the sun. Simple pleasures.

DB



ROMAN LEGIONS

They are not only in Fishbourne but in Bracklesham too. A tradition of gallantry and honour, loyalty and courage as stated in the Royal Marines' Prayer.

32 lost their lives in a storm mid-channel on 21st July 1944 returning to Itchenor.

A then self-carved oak plaque of the lost 601 LCM Flotilla landing craft was handed, for safe keeping, to the attending London Royal Marines in a capacity-filled St. Nicholas church remembrance service in Itchenor on 7th June 2019. It was profound, this being their adopted saint.



O ETERNAL LORD GOD

WHO THROUGH MANY GENERATIONS HAS UNITED AND INSPIRED THE MEMBERS OF OUR CORPS. GRANT THY BLESSING, WE BESEECH THEE, ON ROYAL MARINES SERVING ALL AROUND THE GLOBE. BESTOW THY CROWN OF RIGHTEOUSNESS UPON ALL OUR EFFORTS AND ENDEAVOURS, AND MAY OUR LAURELS BE THOSE OF GALLANTRY AND HONOUR, LOYALTY AND COURAGE. WE ASK THESE THINGS IN THE NAME OF HIM WHOSE COURAGE NEVER FAILED.

OUR REDEEMER JESUS CHRIST AMEN

The spirit is manifestly alive in the club sentiment today.

TACKLING YOUR UNWANTED TEXTILES



Last year alone it cost £165,000 to dispose of textiles thrown in with the general waste by householders. That's a staggering amount of unwanted clothes, towels, blankets and sheets.

Just over **1,000 tonnes** of textiles were thrown into black bins at home and nearly **700 tonnes** into the general household waste containers at the Household Waste Recycling Sites in Westhampnett and Midhurst, even though most of these textiles could have been repaired, reused or recycled....

It's not just the cost of sending textiles to waste, though. Non-biodegradable textiles, such as polyester and nylon can take between 20 and 200 years to fully biodegrade, which is not good for the environment. Textiles placed in home recycling bins can also get tangled in the machinery at the Materials Recycling Facility at Ford, causing the plant to shut down and adding delay to the recycling of plastics, paper and glass....

Repair...Reuse – why not turn it into something else (I'll leave you to get your imagination working). **Recycle:** if your textiles are beyond repair or reuse, or unsuitable for donating to charity, you can still take them to a **textiles bank*** at either your local Household Waste Recycling Site or your nearest bring bank site. Clothes and shoes that still have some life left in them will be sorted and sent for reuse. Old, well-worn or torn textiles will be recycled by shredding and used in the 'flocking' industry for things such as car seat fillers.

Remember, it's not just clothing that you can take down to a textiles bank, they accept also:

- shoes (paired)
- bags and belts
- towels
- bed linen
- table linen
- curtains and
- blankets.



The only items not accepted in textiles banks are pillows, duvets, carpets and rugs. You can dispose of these in the general household waste containers at your local Household Waste Recycling Site.

*I am assured by Chichester District Council that our textiles banks are in **Marine Drive Car Park** and **Northern Crescent** (behind the Co-op), and these will take all the items listed in the article that we should not be putting in our normal bins. Happy textiles' recycling! **Editor**

Taken from Chichester District Council's publication.



FEATURES

The Quiet Garden at Fishbourne 2019

Jesus said, “*Come with me by yourselves to a quiet place and get some rest.*” Mark 6:31

You are welcome to come and join us at St. Peter’s Place Fishbourne Church Hall (two miles west of Chichester), PO19 3XT for a morning of rest, quiet and spiritual reflection between 10.00am and 12.15pm on any or all of the 4th (5th in April) Tuesdays in 2019. The Theme this year is ‘INSPIRING JOY’

- **July 23:** LouLou Morris, Chaplain, Chichester Anna Chaplaincy "The Faith and Hope and Love are in the Waiting".
- **Aug 27:** The Reverend James Cooper, Chaplain, St Wilfrid’s Hospice:
• “Inspiring Joy with the Spice Girls”.
- **Sept 24:** Sue Riddell, spiritual accompanier & storyteller, “Song of Joy”.
- **Oct 22:** Chris Bemrose, member of L’Arche & social sculptor.
• “Using the heart to transform pain into joy”.
- **Nov 26:** Max Millett, spiritual director & retreat leader.

The morning is in three parts: a time of gathering to hear reflections on the theme from the leader; a time of freedom to reflect, to explore books, art materials, finger labyrinths, walks in the beautiful water meadows, beside a stream and beyond, as far as Chichester Harbour; and a time of coming together again to reflect and complete before returning to our busy lives.

If you would like further information, please contact:

Jane at 01243-776223 or Sue on 01243-784983.

The Quiet Garden at Fishbourne is affiliated to: The Quiet Garden Trust

www.quietgarden.org Registered Charity 1038528; created by

The Reverend Philip Roderick in 1992. It is one of over 300 Quiet Gardens worldwide.

HANDY TIPS

Store your opened chunks of cheese in aluminium foil. It will stay fresh much longer and not go mouldy. (But you can scrape off any mould and still eat the cheese...It won’t hurt you!)

Peppers with 3 bumps on the bottom are sweeter and better for eating.

Peppers with 4 bumps on the bottom are stronger flavoured.

Add a teaspoon of water when frying minced beef
It will help pull the grease away from the meat while cooking.



Cereal canisters make the perfect rubbish bin for your car!

Use a (clean) dustpan to fill a container that doesn’t fit in the sink.



EAST WITTERING GARDEN AND WINE CIRCLE

Cyril was absent looking after Joan, who had recently fallen and broken her hip. She is now out of hospital and progressing well. Roland opened the June meeting on a lovely summer's evening. Our speaker from the Cat and Rabbit was unable to come and Gloria from Tawny Nurseries stepped into the breach, bringing with her an immense array of flowers and plants. She started off by telling us that her father, at the age of 92, is still working at the Nursery and was due to be given an award. Gloria then moved amongst the flowers and plants that she had brought, giving their names, attributes, when and where to plant them, assuring us that they are all grown 'naturally' – not in heated greenhouses – so that they produce their flowers and fruits at the appropriate times. She emphasised that plants should not be planted outside until the second or third week in May at the earliest.



Filling a hanging basket with compost, Gloria then set about planting it. Fertiliser and water retaining granules were added first then 7 different plants were placed round the top of the basket.....then, in good Blue Peter-style, a hanging basket was produced 'that had been made earlier'. According to Gloria hanging baskets should not be put outside until 1st June!

We then had a talk about viruses and destructive creatures, like slugs and snails that affect plants. The best way of catching the latter pests is, according to Gloria, to go out at night with a Gin and Tonic, a torch and a heavy hammer! If we ever find ourselves afflicted with vine weevils we should crush them mercilessly. It seems that some of the Nursery's Christmas wreaths will be available to purchase at Chichester's Christmas Market this year. Members were invited to visit the Nursery at any time and they would be made most welcome. Questions came thick and fast for Gloria's advice on myriad matters and then we were offered the chance to buy any of the plants that she had brought. – the begonias went first.

In the competitions Linda won for her rose, with Martin second and Joan Crighton third. Phil came first for the rose bud, with Sheila second and Don third. Don Phillips came first for his strawberries. The raffle included Gloria's hanging basket.

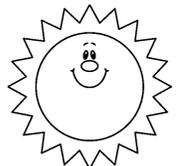
The next meeting is on 9th July when it will be the Mini Flower Show. Members should bring the best of their produce, sweet peas and roses, a pot plant and the potatoes they have been growing. These should be just the potatoes and a little compost in a pot or bucket.

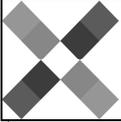
Visitors and new members are always welcome.

ROSEMARIE COX



ST ANNE'S CHURCH
SUMMER FAIR
SATURDAY
20TH JULY 10.30 - 2..30
Hope to see you there





Air Ambulance
Kent Surrey Sussex

**BUY TICKETS FOR THE OPEN AIR
CINEMA IN SURREY THIS AUGUST
FOR LOCAL AIR AMBULANCE!**

Air Ambulance Kent Surrey Sussex is proud to be hosting an Open Air Cinema, in association with Gatwick Airport, where they will screen the 1.21 gigawatt blockbuster, **Back to the Future!**

The 80's pop culture classic will be shown on a huge screen in the grounds of Gatwick Aviation Museum, at Charlwood (Surrey), on Saturday 10th August. Gates will open at 5.00pm, with Back to the Future starting at around 8.30pm after the sun sets.

Tickets for this exclusive event are just £17.50 and admission includes entry into the Aviation Museum at Charlwood, live music and the opportunity to see the Air Ambulance up close – subject to emergencies.



This event has been organised by Air Ambulance Kent Surrey Sussex in association with Gatwick Airport. All proceeds will go towards the life-saving work of the Air Ambulance.

**Tickets are on sale now and are available to buy at
aakssopenaircinema.eventbrite.co.uk (advanced booking is required)**

Get yours today!

BOOKS



John Hyatt has a large collection of books from the stock of

King's Bookshop, of varied subjects and authors.

Come and browse, you may find something of interest.

John can also order books.

These can be found in

Wittering Walk-

in Dean Semain's emporium

Second Chance- look for the sign.

As John is the only member of staff, the 9-5 hours will not necessarily apply; please be patient.



I hope they realise she can move in any direction!



ST WILFRID'S HOSPICE -
WITTERINGS & DISTRICT SUPPORT GROUP

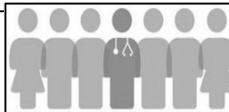
**SATURDAY 13TH JULY
IS OUR HOSPICE FLAG DAY**

Or should I say morning only in Wittering & Birdham come rain or shine!

**COFFEE MORNING
AT RUSSELLS GARDEN CENTRE
ON WEDNESDAY 17TH JULY FROM 10AM - 11.30AM.**

See you in July.
Best wishes Raynor

**WITTERINGS MEDICAL CENTRE
PATIENT PARTICIPATION GROUP**



HAVE YOU BEEN VACCINATED AGAINST.....SHINGLES



SHINGLES is caused by the same virus as Chickenpox. Anyone can develop Shingles because most people have had Chickenpox (even if they don't remember having it). It can be very painful and tends to affect people more commonly as they get older. You are eligible for vaccination as follows:

- *Age 70 – 75 *Age 76 (depending on birth date) *Age 78 & 79**

.....or PNEUMONIA?

People who should have the **PNEUMOCOCCAL VACCINE** are as follows:

- * Babies – though this is usually done as part of childhood vaccination**
- * People over the age of 65**
- * Anyone with a health condition that increases their risk of pneumonia**
- * Anyone at occupational risk, such as welders.**

To book a vaccination, ring Reception for an appointment.



THE UNITED REFORMED CHURCH Oakfield Ave, East Wittering



Pastor Mr John Gunning "Glen Two" Bracklesham Lane
Earnley, West Sussex PO20 7JE Tel. (01243) 511121

SUNDAY SERVICES at 10.30 am

Children can attend a lively Sunday School during the second half of the service.

Holy Communion 10 am on the 1st Sunday of the month

In the Service on the 3rd Sunday of the month

Bible based services seeking to learn more of God

Bible Study - Mondays 6pm Thursdays 10.30am

Thursday Fellowship 2nd and 4th Thursdays at 2.15pm

Varied topics – tea and cake!

Friday Tea and Chat 2pm

ALL ARE WELCOME TO ALL OF THE ABOVE!

**DOES YOUR GROUP OR CLUB
REQUIRE A PLACE FOR MEETINGS?**

St. Anne's church may be able to help.

Contact Fr. Steve 01243 672260

Or Barbara on 01243 670791



ST PETER'S R.C. CHURCH, Church Road, East Wittering.

Tel: 673194

Priest in charge:

Canon Tom Treherne
(St Richard's Chichester) 782343

Sacraments

Sundays:

Mass 9.00am

Fridays:

Mass 10.00am

Holy Days of Obligation: 10.00am

Sacrament of Penance:

First Friday of the month at 9.30am

